

GARY BROWN'S FRESHWATER BAIT FISHING RIGS

BREAD, DOUGH & PUDDING RIGS

In saltwater areas I have used flour-based baits to catch garfish, mullet, bream, drummer and blackfish with a high success rate. So why not try using flour-based baits when targeting freshwater fish species like mullet, carp, black bream, herring, trout and many more.

When using bread as bait I will only use white bread as I get better results, rather than brown or multi-grains. You can either cut a small square piece of the white part of the slice of bread (no crust), use a length of the crust with some of the white part attached or add a bit of water to the white part of the bread and mould it into a teardrop shape on the hook.

One of my favourite pudding mixtures consists of one kilo of sausage mince, one tin of sardines and one tin of cat food mixed together. Then apply plenty of flour to the ball of ingredients and roll until the mixture doesn't stick to your hands. Divide this into four equal portions, the size of a tennis ball and freeze for a later date.

When you come to use this bait, pull off enough to form a teardrop shaped bait that will cover the whole of the hook, except for the point and the barb of the hook. It can then be suspended underneath a stem or bubble float, lightly weighted or unweighted.

