GARY BROWN'S ESSENTIAL BAIT FISHING RIGS

WORM RIGS

Thread the worm on from the head end as it tends to break up when threading on from the tail. Allow at least a centimetre at the top of the worm to tie two to three half hitches around the worm. Making sure not to tie around the eye of the hook. Also leave about a centimetre of worm past the bend of the hook as an attractant.

If you are a freshwater angler you would use tiger, scrub and earth worms for trout, yellow and silver belly, catfish, bass, estuary perch, Atlantic salmon and redfin. As for saltwater I mainly use beach worms for whiting, bream and dart off the beach. I have even had small mulloway take a liking to a large fat beach worm. Tube and squirt worms in the estuaries and bays. Live is definitely the best, but I have used worms that have been brined.

